

Counseling Psychologist Job Description

Duties and Responsibilities:

- Conduct mental/behavioral assessment of client to identify a psychological problem
- Employ the use of interviews, surveys, psychometric, and diagnostic tests in obtaining information about clients and the possible source of their distress
- Organize counseling/therapy sessions for clients during which they listen and interact with them to understand their predicament
- Proffer advice and professional recommendations to clients on proper behavioral adjustments to make in order to overcome a psychological challenge
- Maintain records of client's personal data and treatment information
- Track the treatment plan as well as the psychological progress of a client
- Deal with social problems such as pertains to relationships, domestic violence, and bereavement
- Address mental health issues such as eating disorder, psychosis, depression, and various other psychological disorder
- Supervise and guide the activities of trainee psychologists and counselors
- Work with a multidisciplinary team such as health or legal experts in proffering appropriate solutions to clients
- Carry out research and study of human mental processes to develop new techniques/approach to diagnosis and counseling
- Refer clients to the right professionals for prescription or further evaluation
- Engage in enlightenment programs such that educate the public on essential matters
- Maintain client information confidentiality ensuring details of clients issues are held in utmost confidence

- Analyze data from a prior treatment to diagnose a client's problems.

Counseling Psychologist Requirements – Skills, Knowledge, and Abilities

- Education and Training: Counseling psychologists often obtain an undergraduate degree in psychology after which they go for a doctoral degree (Psy.D.) in psychology. They also go through a year's internship in a hospital or social service setting and are required to pass the Examination for Professional Practice in Psychology, as well as obtain various certifications in the case of a sub-specialty before they can practice in the U.S as counseling psychologists
- Communication skill: Counseling psychologists are effective communicators and can interact with clients to identify psychological issues
- Problem-solving skills: They possess psychotherapeutic knowledge and can develop/implement suitable treatment plan in resolving a mental health problem
- Inter-personal skill: They are well versed in relating with people of varying mental and behavioral disposition
- Tolerance: They exercise lots of patience and tolerance when working with clients.